

BRIGHTON SENIOR CENTER



Where Active Aging Never Gets Old!

2025

FEBRUARY
MARCH



WELCOME!



850 Spencer Road
Brighton, MI 48116



(810) 299-3817



NEW HOURS:

Monday - Thursday 9:00am - 4:00pm
Friday 9:00am - 12:00pm



www.brightonseniorcenter.com



@BrightonSeniorCenter

WELCOME

If you're 50 or older and looking to stay active, engaged, and connected, you've found the perfect place! From dynamic fitness classes to enriching programs, thrilling travel experiences, and social gatherings, there's always something happening here! Need a helping hand? We offer valuable resources, transportation services, and volunteer opportunities to keep you moving and making a difference. Stop by, take a tour, and see for yourself - the Brighton Senior Center, Where Fun, Friendship, and Adventure Begin!

ANNOUNCEMENTS

City of Brighton Residents

***the city is giving
residents a \$25 voucher
towards membership!***

***Call or stop by City Hall
for more information.***

Tax Prep Services

Accounting Aid Society
will be at the Brighton Senior Center
on Tuesdays 2/4 - 4/15 by
appointment ONLY!

***Call: (313) 556-1920 to schedule
an appointment***

We have an Amazon "Wish List"!

use this link

<https://a.co/8NAHB9L>

Items ship directly to us.

Your generosity is Appreciated!!

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www.keehngriffinfuneralhome.com

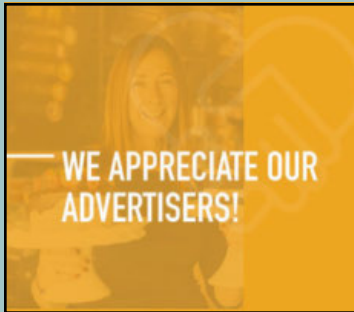


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15-0822

BRIGHTON SENIOR CENTER

Valentine's Pancake Breakfast

PANCAKES ♥ PRIZES ♥ LOVE

FRIDAY, FEBRUARY 14TH AT 10:00AM

SIGN UP BY FEBRUARY 10TH
by calling (810) 299-3817, online or at the front desk

\$10
MEMBERS
\$15 NON-MEMBERS

SPONSORED BY

BRIGHTON Senior Center

CALLING ALL MEMBERS!

LET'S CELEBRATE THIS

MARDI Gras

WITH PACZKIS AND BEADS!!
WHILE SUPPLIES LAST

TUESDAY, MARCH 4TH
STARTING AT 9:00AM

You're Invited!

Join us for
pizza, salad & cake!

Birthday Celebration Luncheons

February 27th & March 27th
at 12:00pm

Sign-up **REQUIRED** 1 week prior
*We will NOT add people after this date!!!

Members: \$5.00 Non-Members: \$10.00
(February & March Birthdays: **FREE!**)

Sign up at the Center, online
or by calling (810) 299-3817

BIRTHDAY FLOWERS & LUNCH PROVIDED BY

BRIGHTON Senior Center

Four Seasons FLORIST

BRIGHTON SENIOR CENTER

ST. PATRICK'S DAY Luncheon

\$10

MONDAY, MARCH 17TH
SIGN UP BY MARCH 12

WE WILL NOT ADD PEOPLE AFTER THIS DATE

IRISH FOOD, GREEN BEER, FUN & PRIZES

Sponsored by

THE WILLOWS AT HOWELL
A Delphi Senior Living Community

BROOKDALE BRIGHTON
SENIOR LIVING SOLUTIONS



FEBRUARY 2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 2:30 Walking Club</p>	<p>4 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:30 Chair Yoga 11:30 Chair Yoga 12:00 Money Talk - Lunch & Learn 1:30 Bingo 6:00 Medicare 101</p>	<p>5 9:00 Tai Chi Plus 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 1:00 Tai Chi & QiGong 2:30 Walking Club 6:00 Zumba (HAW)</p>	<p>6 9:00 Body Spot Silver (BECC) 9:30 Walking Club 11:00 Chair/Mat Yoga 12:00 Caerus - Lunch & Learn 1:00 Forever Fit 1:30 Bingo</p>	<p>7 10:00 Relaxed Euchre</p>
<p>10 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 2:30 Walking Club <i>Nurses Foot Care (by appt)</i></p>	<p>11 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo 6:00 Protect Your Assets</p>	<p>12 9:00 Tai Chi Plus 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 1:00 Tai Chi & QiGong 2:30 Walking Club 6:00 Zumba (HAW)</p>	<p>13 9:00 Body Spot Silver (BECC) 9:30 Walking Club 11:00 Chair/Mat Yoga 12:00 Cooper/Riester - Lunch & Learn 1:30 Bingo</p>	<p>14 10:00 Relaxed Euchre 10:00 Valentine Pancake Breakfast </p>
<p>17 10:00 Euchre 10:00 Balance & Strength 11:00 Art Class (Gotta Have HeART) 12:30 Drop-In Poker 2:30 Walking Club <i>Nurses Foot Care (by appt)</i></p>	<p>18 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo <i>Nurses Foot Care (by appt)</i></p>	<p>19 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 2:30 Walking Club 6:00 Zumba (HAW)</p>	<p>20 9:00 Body Spot Silver (BECC) 9:30 Walking Club 11:00 Chair/Mat Yoga 1:00 Forever Fit 1:30 Bingo</p>	<p>21 10:00 Relaxed Euchre</p>
<p>24 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 2:30 Walking Club <i>Nurses Foot Care (by appt)</i></p>	<p>25 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo</p>	<p>26 10:00 Euchre Tournament 10:00 Mahjong 2:30 Walking Club 6:00 Zumba (HAW)</p>	<p>27 9:00 Body Spot Silver (BECC) 9:30 Walking Club 11:00 Chair/Mat Yoga 12:00 BirthDay Luncheon 1:30 Bingo</p>	<p>28 10:00 Relaxed Euchre</p>
<p>Call us (810) 299-3817 CHECK OUT OUR WEBSITE! www.BrightonSeniorCenter.com FOLLOW US ON FACEBOOK! </p>	<p>Join us for lunch M-Th 12:00-1:00pm MUST PRE-ORDER 24HRS IN ADVANCE \$6.00/MEAL PROVIDED BY BAS</p>	<p>BUILDINGS: BECC - 125 S. Church St BHS - Brighton High School HAW - Hawkins Elementary SMS - Soranton Middle School</p>	<p>NEW Expanded hours!! Mon-Thur 9am-4pm Fridays 9am-12pm</p>	<p>REMEMBER!!! When Brighton Area Schools are closed for inclement weather... The Senior Center is also CLOSED!!</p>



MARCH 2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 10:00 Euchre 10:00 Balance & Strength 12:00 2U Vision (Optical Store) 12:30 Drop-In Poker 2:30 Walking Club</p> 	<p>4 9:00 Tax Prep 9:00 Paczki & Beads 9:00 Body Spot Silver (BECC) 10:00 Learn Mahjong 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo</p> 	<p>5 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 2:30 Walking Club 4:30 Travel Club (HAW) 6:00 Zumba (HAW)</p>	<p>6 9:00 Body Spot Silver (BECC) 9:30 Walking Club 11:00 Chair/Mat Yoga 1:00 Forever Fit 1:30 Bingo 6:00 Social Security Q&A</p> 	<p>7 10:00 Relaxed Euchre</p>
<p>10 10:00 Euchre 10:00 Balance & Strength 11:00 Art Class (Pair of Pears) 12:30 Drop-In Poker 2:30 Walking Club <i>Nurses Foot Care (by appt)</i></p>	<p>11 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:00 Learn Mahjong 10:30 Chair Yoga 11:30 Chair Yoga 12:00 Money Talk - Lunch & Learn 1:30 Bingo</p>	<p>12 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 2:30 Walking Club 6:00 Zumba (HAW)</p>	<p>13 9:00 Body Spot Silver (BECC) 9:00 Casino (Soaring Eagle) 9:30 Walking Club 11:00 Chair/Mat Yoga 1:30 Bingo</p> 	<p>14 10:00 Relaxed Euchre 6pm Get Lucky Bingo (Pre-Registration Required!)</p>
<p>17 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 1:00 St. Patty Party</p> 	<p>18 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:00 Learn Mahjong 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo</p> 	<p>19 9:00 Tai Chi Plus 10:00 Euchre 10:00 Mahjong 12:30 Drop-In Poker 1:00 Tai Chi & QiGong 2:30 Walking Club <i>Nurses Foot Care (by appt)</i> 6:00 Zumba (HAW)</p>	<p>20 9:00 Body Spot Silver (BECC) 9:30 Walking Club 9:30 Watercolor Cards 11:00 Chair/Mat Yoga 1:00 Forever Fit 1:30 Bingo 6:15 Watercolor II</p>	<p>21 10:00 Relaxed Euchre</p>
<p>24 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 2:30 Walking Club <i>Nurses Foot Care (by appt)</i></p>	<p>25 9:00 Tax Prep 9:00 Body Spot Silver (BECC) 9:30 Walking Club 10:00 Learn Mahjong 10:30 Chair Yoga 11:30 Chair Yoga 1:30 Bingo</p>	<p>26 9:00 Tai Chi Plus 10:00 Euchre Tournament 10:00 Mahjong 1:00 Tai Chi & QiGong 2:30 Walking Club 6:00 Zumba (HAW)</p> 	<p>27 9:00 Body Spot Silver (BECC) 9:30 Walking Club 9:30 Watercolor Cards 11:00 Chair/Mat Yoga 12:00 Birthdays Luncheon 1:30 Bingo 6:15 Watercolor II</p> 	<p>28 10:00 Relaxed Euchre</p>
<p>31 10:00 Euchre 10:00 Balance & Strength 12:30 Drop-In Poker 2:30 Walking Club 6:00 Photography 101</p>	<p>Join us for lunch M-Th 12:00-1:00pm MUST PRE-ORDER 24 HRS IN ADVANCE \$6.00/MEAL PROVIDED BY BAS</p>	<p>BUILDINGS: BECC - 125 S. Church St BHS - Brighton High School HAW - Hawkins Elementary SMS - Soranton Middle School</p>	<p>REMEMBER!!! When Brighton Area Schools are closed for inclement weather... The Senior Center is also CLOSED!!</p>	<p>Call us (810) 299-3817 CHECK OUT OUR WEBSITE! www.BrightonSeniorCenter.com FOLLOW US ON FACEBOOK!</p> 

FUN & GAMES

Page 06



Euchre | 10am | Mondays & Wednesdays

Relaxed Euchre/Learn to Play | 10am | Fridays

Bingo | 1:30pm | Tuesdays & Thursdays

Mahjong | 10am | Wednesdays

Learn Mahjong | 10am | Tuesday 3/4-3/25

*sign up required

Drop-In Poker | 12:30pm | Mondays & Wednesdays

Have an idea for a game you'd like us to host?

Let us know and we will try our best to get it on the schedule.

Monthly Euchre Tournament | 10am | Wednesdays | Feb 26 | Mar 26 | April 30

\$7 per person at the door



Three cash prizes | 50/50 Raffle

Potluck Lunch - Bring a dish to pass if you plan to eat

Themed Basket Bingos | 6-9pm | **Get Lucky Bingo** Mar 14 | **Beach Blanket Bingo** Jun 27

\$20/person | \$24/person w/meal deal

Must pre-register | *Open to non-senior center members | Ages 18+

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There's always something to do at the Senior Center!

The senior center is the perfect place to relax and have fun, with plenty of activities to enjoy. You can grab a cup of coffee or tea, have a snack, work on the community puzzle or explore the library for a book to borrow. The game room is always open, featuring a billiards table, darts, board games, Wii, and puzzles. If you're looking for a gift, stop by our gift shop, where all proceeds support the senior center.



Drinks & Snacks



Puzzles



Game Room



Library



Gift Shop

It's All About Family!

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- Nursing Homes
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15-0822

TRAVEL

We've teamed up with *Timeless Memories, Adventures and Events* to bring you exciting local, domestic & international travel opportunities! Visit www.BrightonSeniorCenter.com/travel or our travel display at the center for more information about traveling in 2025!

Most trips have sign-up deadlines months in advance... so be sure to check early so you don't miss out!!

****Senior Center Membership is not required for travel.**

TRAVEL & DAY TRIPS

- DSO - Celtic Journey (MAR 2025)
- Great Trains and Grand Canyons (APR 2025)
- Great Canadian Cities (MAY 2025)
- Iceland Explorer (MAY 2025)
- National Parks & Canyon of Southwest (MAY 2025)
- Traverse City Wine Tasting (JUN 2025)
- 4th of July NYC (JUL 2025)
- Canadian Rockies via Rail (JUL 2025)
- Mississippi River Cruise (JUL 2025)

TRAVEL & DAY TRIPS cont'd

- Yellowstone/Grand Tetons/Deadwood (AUG 2025)
- Cape Cod, Martha's Vinyard and Salem Witch Exp (SEPT 2025)
- Nova Scotia & the Canadian Maritimes (SEPT 2025)
- Rails & Riverboats & The Pocono Mountains (OCT 2025)
- Albuquerque Balloon Festival & Santa Fe (OCT 2025)
- Highlights of Italy's Amalfi Coast & Rome (OCT 2025)
- Switzerland & Christmas Markets on Rhine River (DEC 2025)
- Montreal & Quebec City Christmas (DEC 2025)

- For questions regarding TRAVEL please contact Barb Smith at Timeless Memories, Adventures and Events (248) 497-0291 or TimelessMemoriesAnE@gmail.com.
- To register for travel visit BrightonSeniorCenter.com/travel print the form and mail/drop off with a check to the Senior Center).
- You can also pick up any of the forms at the Senior Center.



CASINO TRIP

To Soaring Eagle

MARCH 13, 2025



\$45 MEMBERS
\$50 NON-MEMBERS

TRIP INCLUDES

- + MOTORCOACH BUS TRANSPORTATION
- + \$20 PREMIUM PLAY (PRE LOADED)
- + \$10 DINNING
- + \$10 IN BINGO BUCKS (WED-SUN)

REGISTER BY FEB 28TH!!!

PICKUP LOCATION
BRIGHTON SENIOR CENTER
850 SPENCER RD
BRIGHTON, MI

BUS DEPARTS AT 9:00AM
RETURNS APPROX 6:00 PM



REGISTER (810) 299-3817
www.BrightonSeniorCenter.com

Explore the World

LIVINGSTON COUNTY TRAVEL CLUB



Bring your travel dreams to life with the Livingston County Travel Club! Share your wish list and start planning your next adventure!

NEXT MEETING
WEDNESDAY, MARCH 5
AT 4:30PM
BRIGHTON SENIOR CENTER
850 SPENCER RD, BRIGHTON

PLEASE REGISTER
www.TimelessMemoriesAnE.com

QUESTIONS? CONTACT BARB
TimelessMemoriesAnE@gmail.com

Let's Go!

YEARLY MEMBERSHIP
\$10 PER FAMILY

Daily Lunches

BAS Salads -\$6.00 each
M-TH, 12:00-1:00pm
Must pre-order by 2pm the day before
Available Sept-June



Eye Wear and Eye Examinations

2U Vision brings a complete optical store to us every two months. They offer stylish, comfortable, hypoallergenic, and high-quality eye wear with an extended warranty for adults 50+. Contact them to schedule an eye exam in the privacy of your own home. Call 947-479-1039 or send an email to info@2UVision.com.



2UVision will be here on March 3rd at 12:00pm.

Nurses Foot Care

Ava Passino, RN, BCGN, is now accepting new patients as openings become available. Each 1 hour session includes: foot/leg assessment, warm foot bath, nail trimming and therapeutic foot/leg massage. Fee for services is not insurance billable.



To schedule an appointment call Ava at (313) 303-7836.

Cooking with Maureen



Join Maureen Kimmel from Pampered Chef to learn recipes using time saving tools, quick tips for healthy eating and to discover the chef in you!

Maureen will be back in April!

Personal Care Cabinet

Check out the personal care cabinet located in the hallway by the bathrooms. Inside you'll find a variety of items such as adult undergarments, toiletries, covid tests, masks and more! All items are available to take as needed. If you have items to donate they MUST be unopened/used and dropped off at the front desk.

*Don't forget to
Spring Forward
Sunday, March 9th*



Medical Loan Closet

Canes, Crutches, Shower Chairs, Toilet Risers, Wheelchairs, Walkers, Elder Care Supplies.

Call (810) 299-3817, option 2



Panera/ Busch's Donations

Free donations from Panera Bread and Busch's are available to members inside the Senior Center. All items are available on a first come basis.



PANERA - Tuesdays
BUSCH'S - Tues/Thurs



Resource Advocate

Provided by Livingston County Catholic Charities. Information & assistance with: Housing, Legal Aid, Food Assistance, Care Giving, In-Home Services, Tax Aid, Medicare/Medicaid, Counseling, etc.



To schedule an appointment call Mary Heymes (517) 545-5944 ext. 136 or mary@livingstoncc.org.

Transportation

Rides available for a fee to medical appointments, grocery stores, banking, hair salons, etc. Bus service is not available to/from surgical procedures. Driver does not stay for medical appointments. Please note, there is a 15 minute variance for each pick up.



To schedule a ride, call (810) 299-3817, Option 3

Title VI of the Civil Rights Act of 1964 prohibits discrimination based on race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance" (42 U.S.C. Section 2000d).

Fitness Classes

Balance & Strength	Mon	10:00-10:45am
Body Spot Silver	Tu/Th	9:00-10:30am
Chair Yoga	Tue	10:30-11:15am
Chair Yoga	Tue	11:30-12:15pm
Tai Chi Plus	Wed	9:00-10:00am
Tai Chi & QiGong	Wed	1:00- 2:00pm
Chair/Mat Yoga	Thur	11:00-11:45am
Forever Fit	Every Other Thur	1:00- 2:00pm
Zumba w/Joanie	W/Sa	6:30pm/10am

Visit our website or stop by the center to view class descriptions, dates and to register. Register early, classes fill up fast!!

CLASSES & ACTIVITIES

Page 10

FITNESS

BODY SPOT SILVER (BECC)

ANNUAL (TU & TH) | 9:00AM | \$99

ZUMBA W/JOANIE (Hawkins)

1/8 - 4/30 (W & SA) | 6:30PM/10:00AM

BALANCE & STRENGTH

2/3 - 2/24 (M) | 10:00AM | \$FREE

3/3 - 3/24 (M) | 10:00AM | \$FREE

CHAIR YOGA

2/25 - 4/1 (TU) | 10:30AM | \$30

2/25 - 4/1 (TU) | 11:30AM | \$30

MAT YOGA

2/27 - 4/3 (TH) | 11:00AM | \$30

FOREVER FIT

3/6 - 4/17 (TH) | 1:00PM | \$FREE

TAI CHI PLUS

3/26 - 4/30 (W) | 9:00AM | \$30

TAI CHI/QIGONG

3/26 - 4/30 (W) | 1:00PM | \$30

FINANCE

MEDICARE 101

2/4 (TU) | 6:00PM | \$10

PROTECT YOUR ASSEST FROM LTC

2/11 (TU) | 6:00PM | \$10

SOCIAL SECURITY Q&A

3/6 (TH) | 6:00PM | \$10

EDUCATIONAL

HOW TO PLAY PIANO BY EAR

2/15 (SA) | 11:00AM | \$74

PHOTOGRAPHY 101 & THE ART OF SEEING

3/31 (M) | 6:00PM | \$75

*Class descriptions
are available online at
www.BrightonCommunityEd.com.*

ART

YOU GOTTA HAVE HEART

2/17 (M) | 11:00AM | \$89

A PAIR OF PEARS

3/10 (M) | 11:00AM | \$89

WATERCOLOR CARDS

3/20 - 4/10 (TH) | 9:30AM | \$130

WATERCOLOR II

3/20 - 4/10 (TH) | 6:15PM | \$130

*Classes are held at the Brighton
Senior Center (850 Spencer Rd)
unless indicated elsewhere.*

*BECC - 125 S. Church St. (Gym)
Hawkins - 8900 Lee Rd (Cafeteria)*

*Our fitness classes fill up FAST!
Sign up early or you'll miss out.*

Register online www.BrightonCommunityEd.com, by calling (810) 299-3817 or at the center.

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Attorney Melissa Dixon
Certified Dementia Practitioner

Attorney Bob Mannor
Certified Elder Law Attorney
Dementia Practitioner

3 Locations: Brighton, Grand Blanc & Rochester Hills | 800-990-6030 | www.mannorlawgroup.com



-Noon to 1pm-

Lunch Provided by Presenter

FEB 4 | Money Talk with Ashley
Ashley from Edward Jones will be on hand to answer your financial questions, including money management, retirement planning, investment tools, and more—helping you take control of your financial future. Whether you're just starting out or looking to refine your financial strategy, this session is for you!

FEB 6 | Caerus Therapeutic
Discover how their innovative back brace can improve posture, support spinal health, and enhance mobility. Whether you're dealing with back pain or looking for preventive care, this session is packed with valuable insights!

FEB 13 | 5 Important Documents Everyone Should Have
Learn about crucial legal documents, including wills, powers of attorney, healthcare directives, and more—ensuring you're prepared for whatever life brings. Don't miss this chance to get expert insights and ask questions!

***Must pre-register for lunch**
 Sign up online, at the front desk or by calling (810) 299-3817

TAX PREP SERVICES



with **Accounting Aid Society**

For help with taxes or to get more info contact:

- accountingaidsociety.org
- 313-556-1920

*income restrictions apply

The Brighton Senior Center does not schedule or prepare taxes. We provide a space for the Accounting Aid Society to help low income residents of Livingston County with their tax filing needs.



Seniors Helping Seniors®

LIKE GETTING A LITTLE HELP FROM YOUR FRIENDS™



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We provide in-home senior care to seniors in the Greater Livingston area. We are VA approved, and accept private pay or Long Term Care insurance. To learn more about how we can help, let's get in touch!

Our Services At A Glance


- Companionship • Light Housekeeping • Meal Prep
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- Personal Care • Pet Care • Medication Reminders
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THE HEARING CLINIC

Amy Arnold, Au.D., CCC-A
 Doctor of Audiology

www.hearingcliniconline.com

2 Locations:

Brighton, MI (810) 225-2205

Farmington, MI (248) 881-3026

BRIGHTON SENIOR CENTER



850 Spencer Road
Brighton, MI 48116



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US POSTAGE
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BRIGHTON, MI
PERMIT NO. 10

Loving life, Feeling Lucky and Having a BLAST!

Our Staff

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(810) 299-4018
perryd@brightonk12.com

Diana Walsh, Front Desk
Jan Piatek, Front Desk
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Barb Smith, Travel Coordinator
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timelessmemoriesane@gmail.com

Looking to Volunteer?

If you're looking to make a difference in our community and enjoy working with actively aging adults, we have several volunteer opportunities available. Stop by or give us a call today!

DONATIONS ARE APPRECIATED!

- Used & new household items (including some furniture)
- Used & new craft supplies
- Returnable bottles & cans
- Non-perishable food
- Personal care items (toiletries, etc)
- In-kind

THEY ARE TAX DEDUCTIBLE TOO!



DISCLAIMER

Although the Brighton Senior Center provides information through workshops, seminars and advertising for senior services, we do not endorse any private company. Our goal is to inform our members of the availability of services that may enhance their lives outside of the Center. As a consumer, you are encouraged to independently research and ask for references.

We appreciate all the support we receive from our local business community and health care providers.